

WEIGHT PENTATHLON

• SHOT • DISCUS • JAVELIN • WEIGHT • HAMMER •

EVENT DATE: Saturday, March 29

ENTRY DEADLINE: Friday, February 29

CHECK-IN: 7:30 am

EVENT TIME: 8:00 am

EVENT FEE: \$5.00 per event

Florida State Senior Games Qualifier: YES

LOCATION: Clearwater High School
540 S Hercules Av Clearwater 33765

EVENT DIRECTOR: Walt Deal

PHONE: (727) 441-9463

FORMAT:

1. Participants have the option of entering the Shot, Discus and Javelin as regular field events without doing the complete Weight Pentathlon.
2. Implement weight is age dependent.
3. The weight of the Hammer is always the same as the weight of the Shot.
4. The weights for each age group are shown in the Field Events Format.

SPORTS RULES:

1. Complete rules will be available at the event or can be obtained upon request from the Event Director.

