



# Basketball

## Free Throws - Spot Shoot - Timed Shoot / 3 on 3

Florida State Senior Games Qualifier: Yes

Event Director: Walt Deal

441-9463

**Location:** The Long Center, 1501 North Belcher Road, Clearwater

### Free Throws:

1. Each participant will shoot 3 rounds of ten free throws with one optional practice free throw attempt at the start of each round. You must announce whether the first attempt is or is not a practice shot.
2. The winner will have the highest total score for the three rounds. Maximum score: 30. Tie Breaker: 1 round of five free throws. Repeat two times if necessary (total of three rounds). If still tied, both receive higher place and medal.

### Spot Shoot:

1. Each participant will shoot 3 rounds of 5 shots (one from each of 5 designated locations). One optional practice attempt may be taken at the start of each round. You must announce whether the shot is or is not a practice shot.
2. The winner will have the highest total for the three rounds. Maximum score: 15. Tie Breaker: one round of five shots. Repeat two times if necessary (total of three rounds). If still tied, both receive higher place and medal.

### Timed Shoot:

1. Each participant will shoot 3 rounds of one minute each. Shots may be taken from any of six designated spots, including a lay-in.
2. A basket made from the top of the key (women-free throw line) earns 5 points; from the free throw line extended four feet (women extended two feet and thirteen feet from the basket) earns 3 points; four feet from the base line, ten feet from the front center of basket earns 2 points and a lay-in, 1 point. An additional bonus of 5 points can be obtained each round for attempting a shot from each of the six spots.
3. Consecutive lay-in may not be attempted.
4. The winner will have the highest total for the three rounds. Tie Breaker: highest score obtained during one of the single minutes. Second tie-breaker: total score for two rounds. No maximum score exists.

### 3 on 3: Men Only

1. Games are half-court with 15 minute halves with NCAA rules except as changed by the Florida Sports Foundation or by the Good Life Games.
2. Rosters may list 7 players total with one out-of-state player allowed, except 70+, where three out-of-state players are allowed.
3. Age-groups will be 50-59, 60-64, 65-69, and 70+.
4. Complete game rules are available from the Event Director.